Is it better to guess or remove missing data? Why?

The answer to this question is an “it depends” answer. In some cases especially when you do not have a lot of data available removing the missing values could potentially affect the certainty of the data and move the limits in an unexpected/undesired way. Also another situation is in tables, when there is missing data for particular elements of the row but not the entire row, my suggestion would be to guess it by either the mean or median. But in general if enough data is available and in pursue of trying to keep the representativeness I would recommend to remove the missing points. This should not affect the conclusions made out of the set of data as the assumption would be that the set of data still representative.

NAS1149DN632J